

INDIVIDUAL VOLUNTEER HOURS RECORD SHEET

IAHCE Individual Volunteer Hour Summary

Unit Name _____ Member Name _____ Year _____

Monthly Hours	<u>HCE Hours</u> +	<u>Other Hours</u>	= <u>Total Hours</u>	List Locations Volunteered - PLEASE PRINT
JANUARY				
FEBRUARY				
MARCH				
APRIL				
MAY				
JUNE				
JULY				
AUGUST				
SEPTEMBER				
OCTOBER				
NOVEMBER				
DECEMBER				
TOTALS				<p><u>The time equation is simple:</u> <u>(activity time) + (travel & preparation time) = # of hours</u></p>

Total Hours: _____ Signature of Unit CVH chair _____

Address _____

Phone _____

E-mail _____