

INDIVIDUAL VOLUNTEER HOURS RECORD SHEET

IAHCE Individual Volunteer Hour Summary

Unit Name _____ Member Name _____ Year _____

| Monthly Hours | <u>HCE Hours</u> + | <u>Other Hours</u> | = <u>Total Hours</u> | List Locations Volunteered - PLEASE PRINT |
|---------------|--------------------|--------------------|----------------------|--|
| JANUARY | | | | |
| FEBRUARY | | | | |
| MARCH | | | | |
| APRIL | | | | |
| MAY | | | | |
| JUNE | | | | |
| JULY | | | | |
| AUGUST | | | | |
| SEPTEMBER | | | | |
| OCTOBER | | | | |
| NOVEMBER | | | | |
| DECEMBER | | | | |
| TOTALS | | | | <p align="center"><u>The time equation is simple:</u> (activity time) + (travel & preparation time) = # of hours</p> |

Total Hours: _____ Signature of Unit CVH chair _____

Address _____

Phone _____

E-mail _____